

Does **your** multi have all this?

- ✿ **Food-based organic nutrition**
- ✿ **Liquid** (for better absorption)
- ✿ **Essential vitamins**
- ✿ **Organic *ACTIV*aloe**
- ✿ ***ConcenTrace* trace minerals**
- ✿ **Amino acid complex**
- ✿ ***OptiMSM***
- ✿ ***Chromax* chromium picolinate**
- ✿ ***Selenium SeLECT***
- ✿ **Organic noni juice**
- ✿ **Antioxidants**

Supplement Facts

Serving Size: 1 oz (2 Tbs) Servings per Container: 32

| | Amount per Serving | % Daily Value |
|---|--------------------|---------------|
| Calories | 12 | |
| Total Carbohydrate | 3 g | 0 |
| Sugars | 3 g | |
| Vitamin A (as beta carotene/mixed carotenoids) | 15,000 IU | 300 |
| Vitamin B ¹ (as thiamin HCl) | 6.5 mg | 500 |
| Vitamin B ² (as riboflavin) | 7 mg | 500 |
| Vitamin B ⁵ (as pantothenic acid) | 20 mg | 350 |
| Vitamin B ⁶ (as pyridoxine HCl) | 8.4 mg | 400 |
| Vitamin B ¹² (as cyanocobalamin) | 100 mcg | 1,000 |
| Biotin | 300 mcg | 100 |
| Chromium (as chromium picolinate)** | 200 mcg | 167 |
| Vitamin C (as ascorbic acid) | 180 mg | 300 |
| Vitamin D ³ (as cholecalciferol) | 200 IU | 50 |
| Vitamin E (as d-alpha tocopherol) | 300 IU | 1,000 |
| Folic Acid | 400 mcg | 200 |
| Magnesium | 35 mg | 9 |
| Selenium (L-selenomethionine) | 200 mcg | 286 |
| Zinc (as zinc picolinate) | 15 mg | 100 |
| Organic Aloe Vera Juice (ACTIV ^{aloe} ®) | 4.5 g | * |
| Amino Acid Complex | 50 mg | * |
| Vitamin B ¹⁵ (as dimethylglycine) | 10 mg | * |
| Choline | 50 mg | * |
| ConcenTrace® Trace Minerals | 450 mg | * |
| Hesperidin (as bioflavonoids) | 40 mg | * |
| Inositol | 50 mg | * |
| Organic Noni Juice Concentrate | 63 mg | * |
| OptiMSM® (as methylsulfonylmethane) | 50 mg | * |

* Daily Value not established ** As Chromax® chromium picolinate

Join The Liquid Revolution!

"My husband and I started taking Peter Gillham's liquid vitamins and feel like we are years younger."

"This liquid vitamin is amazing! It tastes great and has the vitamins and bonus goodies I need."

"My family loves this product. Something we can all take and it doesn't taste bad either. The kids will drink it all by itself. If we miss a couple of doses we all notice it. We feel great on it."

"Right away, within just a couple of days, I noticed increased energy and motivation. There wasn't any other change I made except adding these vitamins."

"Love this product! It tastes great; even our 12-year-old loves it."

"Tastes good and boosts energy level. Can't live without it."

A portion of the profits from the sale of Peter Gillham's Natural Vitality products goes to our

NATURAL REVITALIZATION

environmental action initiative to benefit

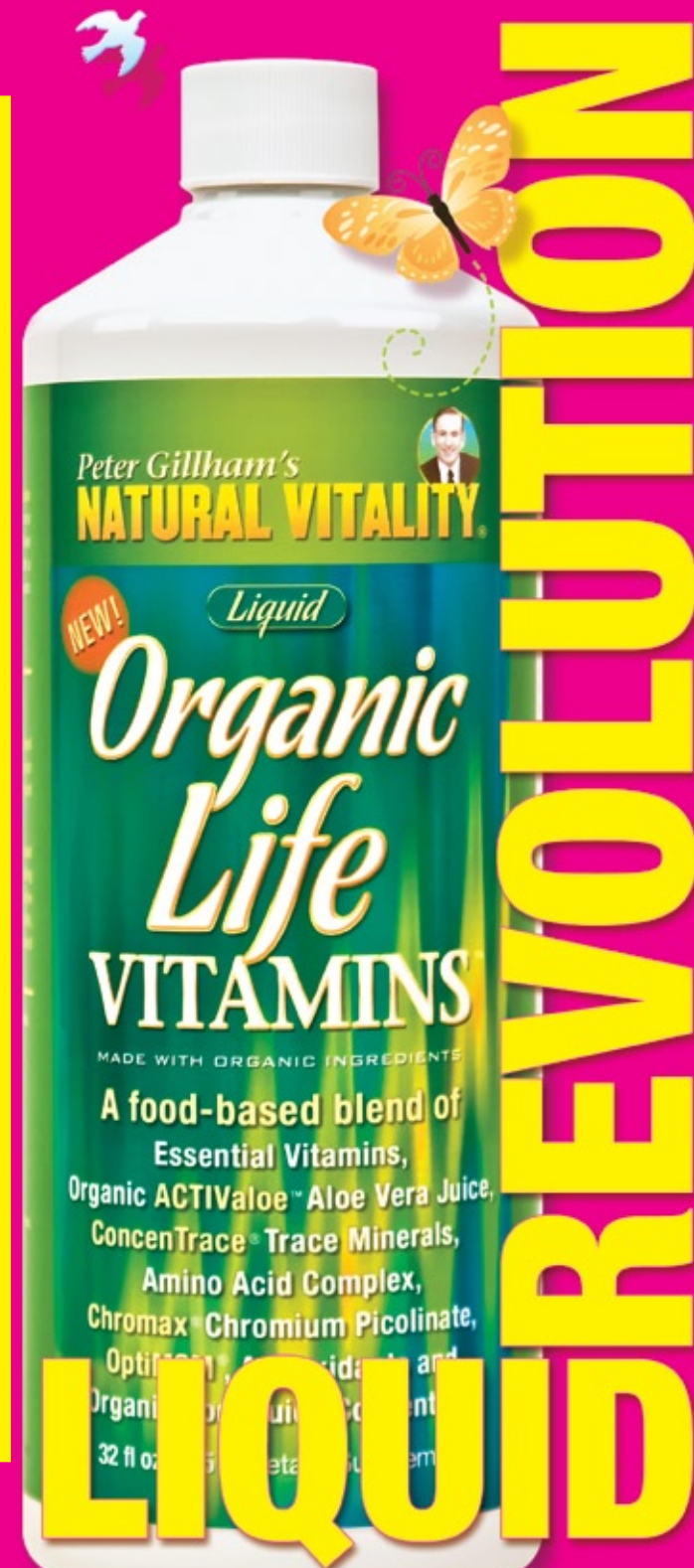
Conservation International (www.conservation.org) and **Remineralize the Earth** (www.remineralize.org).



Feel better—live longer!

For more information, visit www.petergillham.com.

Available at



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Peter Gillham's *Organic Life Vitamins* is an energy-packed **multi-nutrient**—*better* than a multi-vitamin. *Organic Life Vitamins* is a **liquid revolution** in daily nutrition! It's a simple, great-tasting and economical way to get the premium nutrition your body needs without having to swallow all those pills.

The Liquid Revolution

The revolution begins with **maximum absorption**. Liquids absorb better, thereby allowing your body to assimilate vital life-giving nutrients in just minutes!

OLV has a delicious fresh fruity taste (organic raspberry and cranberry, sweetened with certified organic agave nectar). Because it contains so many nutrients, you won't have to purchase and take numerous pills and capsules in order to give your body what it needs to stay active and healthy. And, unlike pills, *Organic Life Vitamins* contains no binders and fillers.

Organic Life Vitamins is a food-based blend of

Essential vitamins

Organic Life Vitamins provides a range of key vitamins including A, B complex, C, D and E.

Vitamin A—promotes good eyesight, healthy skin, strong immune function and more.

Vitamin B complex—supplies essential B vitamins, necessary for everything from energy and sleep to healthy-looking skin, hair and nails.

Vitamin C—is an important antioxidant necessary for a sound immune system, strong bones, teeth, gums and blood vessels.

Vitamin D³—is essential for the proper formation of bones and helps calcium to absorb properly.

Vitamin E—is an antioxidant that maintains the integrity of cell membranes throughout the body.

Organic ACTIValoe™ aloe vera

This top-of-the-line aloe vera is guaranteed to retain biological activity. Aloe is a source of more than

200 beneficial active compounds, providing, among other things, a food-based organic source of naturally occurring vitamins, minerals, amino acids and enzymes.

ConcenTrace® trace minerals

Organic Life Vitamins features a top-quality full spectrum of important ionic trace minerals in a low-sodium formulation, 26 times more powerful than other liquid trace minerals.

Trace minerals help assimilate vitamins and have a host of other benefits, from increased energy and vitality to supporting circulatory health, bones and joints and providing nourishment for hair and skin.

Amino acid complex

An exciting plus that comes as part of *Organic Life Vitamins* is the incorporation of 20 different amino acids.

Amino acids are known as the “building blocks” of the body. Besides building cells and repairing tissue, they form antibodies to combat invading bacteria and viruses; they are part of the enzyme and hormonal systems; they build nucleoproteins (RNA and DNA); and they carry oxygen throughout the body and participate in muscle activity.

Organic noni juice concentrate

Noni has gained popularity for its antioxidant, immune-boosting and energy-enhancing properties.

OptiMSM®

Methylsulfonylmethane (MSM) is a naturally occurring sulfur compound that supports healthy, active lifestyles and benefits multiple structures and functions within the body, including connective tissues and the respiratory system.

OptiMSM is premium distilled MSM manufactured to the most stringent product specifications and rigorously third-party tested to ensure purity. Clinical research confirms that OptiMSM is safe and effective.

Chromax® chromium picolinate

Chromium is essential for a healthy metabolism, especially as you get older. It helps promote healthy blood sugar, fight food cravings and support heart health.

USDA research indicates that the average American's diet doesn't provide enough of this essential nutrient.

Organic Life Vitamins supplies you with 200 mcg of *Chromax*—the #1 brand of chromium picolinate.

Selenium SeLECT®

Selenium is an essential trace element and a high-powered antioxidant that can effectively neutralize “free radicals” that may lead to severe cell damage. Small amounts of selenium have been found necessary for several biological processes including immune response and thyroid function. We incorporated Selenium SeLECT into *Organic Life Vitamins* due to the fact that it is more available to be absorbed and used by the body and because it is clinically proven safe. Selenium SeLECT is an organic compound and is rapidly and completely absorbed from the gastrointestinal tract, unlike inorganic forms of selenium.

The energy to enjoy life

With *Organic Life Vitamins*, you can meet most of your daily nutritional needs in one easy—and good-tasting—sip (or mix it with juice or a protein shake). *OLV* is also available in convenient single-serving nutri packs for travel, purse or office. *OLV* is designed to work perfectly with our best-selling *Natural Calm*® magnesium supplement or *Natural Calm Plus Calcium*.

You deserve the best. We want you to have the energy to enjoy life—and that means not having undue attention on your body.

Join The Liquid Revolution with *OLV*!

